

# **VEGAN MENU**

Available from 12pm
If ordering from the vegan menu please ensure your server is aware



# **STARTERS**

OLIVES, FOCACCIA, OILS (gfa) - £5.95 BALSAMIC TOMATOES & CROUTES (gfa) £6.95

CHEESY GARLIC PIZZA BREAD - £7.00

CREAM OF TOMATO SOUP(gfa) - £7.25 Tomatoes, garlic, rosemary, vegan cream, fresh

focaccia.

PASTA

GNOCCHI (gfa) - £16.95 Vegan pesto or vodka sauce

CREAMY MUSHROOM RIGATONI (gfa) - 16.95 Mixed mushrooms, garlic, pine nuts, vegan cream, parsley

MEDLEY DI VERDURE LINGUINE (gfa) - £16.95 Broccoli, pea, spinach, courgettes, artichoke sauce

CAPONATA SPAGHETTI (gfa)- £16.95

Aubergine stew, pine nuts, capers, olives, topped with Greek white

# GRILL

#### GARDEN BURGER £16.50

Moving mountains burger, lettuce, tomato, avocado smash, cheeze, pink onions, burger sauce, skin on fries

#### **EXTRAS**

SKIN ON FRIES (gf) - £4.50

GARLIC FOCACCIA - £5.50

CHEESY GARLIC FOCACCIA - £5.95

MARINATED OLIVES (gf) - £4.50

ROSEMARY & GARLIC NEW POTATOES (gf) - £5.50

TENDERSTEM BROCCOLI (gf) - £5.50

Please be aware whilst we endeavour to ensure minimal contact, all of our gluten free dishes are cooked in the same environment as other food containing gluten. If any of your party have any allergies, please make a member of staff aware prior to ordering - allergen list available. A discretionary 12.5% service charge is added to tables of 7 or more. (gfa) – gluten free adaptable, (gf) – gluten free

# PIZZA

All pizzas unless stated are served with vegan mozzarella & homemade pizza sauce. Pizza Bambino until 5pm only. Prices displayed Bambino/Regular. Gluten free pizzas only available in larger sizes – <u>no suitable for coeliacs.</u>

MARGHERITA (gfa) - £7.00/14.00 Fresh basil, extra virgin olive oil

CAPRICE (gfa) - £7.50/14.50 Semi-dried tomatoes, vegan pesto

MEDITERRANEAN (gfa) - £8.00/15.95

Red onion, courgette, aubergine, red & yellow peppers, vegan pesto, Greek white

GARDEN (gfa) - £8.00/15.95 Courgettes, garlic, chilli, mint

FUNGHI (gfa) - £8.00/15.95 Mixed mushrooms, truffle oil, parsley (no sauce)

#### SALADS

GREEK (gf) - £7.95

Tomatoes, olives, cucumber, red onion, Greek white, oregano, extra virgin olive oil

MIXED (gf) - £5.50

Baby gem, rocket, cherry tomatoes, tenderstem broccoli, peppers

VERDE (gf) - £5.50

Rocket, vegan parmigiano, baby gem, balsamic dressing

WATERMELON (gf) - £7.95

Feta, mint, extra virgin olive oil, lemon juice

### DESSERTS

CHOCOLATE TORTA CAPRESE (gf) - £8.50

Homemade vegan amaretti base, thick chocolate torte, vegan vanilla ice cream

APPLE TORTA DI MELE (gf) - £7.95

Homemade apple cake topped with cinnamon, vanilla vegan ice cream

NEW FOREST ICE CREAMS

Vegan Vanilla, Vegan Salted Caramel, Raspberry Sorbet, Mango Sorbet.

1 scoop £3.50 2 scoops £5.50 3 scoops £7.00